

Tennis Ball Color Progression



MINI TENNIS RED is used for players under the age of 8yrs. It is played on small courts with short racquets and soft balls. It gives players opportunities to have long rallies and play different types of shots.



MINI TENNIS ORANGE is a great way for players to continue their progress from Mini Tennis Red. It is played with shorter racquets, softer balls and courts are bigger and wider than the red stage but still smaller than full size tennis courts, allowing players to develop a rounded game whilst learning a range of techniques and tactics.



MINI TENNIS GREEN is a great way for players to continue their progress from Mini Tennis Orange. It is played on a full-size tennis court, with bigger racquets and green balls which are a little softer than yellow balls. It's the next stage before moving on to full compression yellow balls on a full sized court and helps players develop and improve all aspects of their game.



MINI TENNIS YELLOW is a great way for players to continue their progress from Mini Tennis Green. This would be the last step and will open the door to the higher tennis level, from beginner to medium and advance.